

HAWKESTONE FITNESS

COVID-19 POLICY

COVID-19 is a severe health concern, and we're taking every precaution possible. Please carefully follow these policies to make our community safe for everyone.



Class sizes are strictly capped at 10. You must reserve your spot using the Wodify App.



Prior to coming to the gym, complete the COVID-19 Screening Assessment.



Stay away from the gym if you're not feeling well. This includes slight symptoms of sore throat, fever, flu and cough.



Wash your hands upon arrival and before leaving the facility. Use sanitizers whenever necessary. Avoid touching your face with unwashed hands.



Immediately upon entry, change into your indoor shoes and leave your outdoor shoes at the door .



Maintain a distance of 3 metres whenever possible.



Face coverings must be worn at all times before and after the workout. Face coverings must either be worn or remain at your workout station during the workout.



Wipe down equipment beforehand after use with the provided paper towels and cleaning spray.



Mop up your workout area after every workout.



Showers are closed until further notice.

Please be courteous to one another and follow the rules!